



#### Director of Athletics Dr. Susan Elza



#### **Assistant Athletic Directors**

#### Brian Polk



#### **Joseph Garmon**



#### **AJ Martinez**



#### **Brandy Belk**



## **UIL Athletic Department**





## **LEAGUE GOVERNANCE**

- Legislative Council Rule making body, 32 superintendents, all regions, all conferences represented.
- State Executive Committee (SEC) 12 school administrators appointed by the Commissioner of Education.
- Waiver Review Board 10 person committee, reviews decisions of the UIL Waiver Officer on appeals
- ✓ District Executive Committee (DEC) Consists of ONE voting member per school in a given UIL District.





- Injury Reporting Only required by 6A now, encourage others to sign up (ConTex). No other injury reporting is required
- Emergency Action Plan Requires member schools to have an EAP for each venue that will host practice or contests in the district.
- Catastrophic Reporting Proposal will require all member schools to report catastrophic injuries that occur in practices or competitions on an online reporting form.



### 2019-2020 Updates

- Online PAPF / Waivers Projected October 2019
- <u>CCP</u> Went well in 18-19, over 10,000 certified at coaching school, summer meetings. Two credits (UIL and sport specific) when you attend a session at coaching school.
  - Will be posted July 22nd
  - Credit for this session will be notated in portal sometime after 7/22
  - Questions will be randomized



# **Specific Information**





# **Participation Numbers**

# **2019 Golf Numbers** 14, 129 Male Participants 10, 060 Female Participants







### **ALLOWABLE CONTESTS**

#### Number of Contests (2019-2020)

## 8 Meets

Number of Meets. No student representing a member school shall participate in more than EIGHT meets during the school year, excluding one district meet, the regional meet and the state meet.





# **COACHING REMINDERS**

- **Know Your Rules**
- Yearly Required Training
- Educate / Lead Your Staff





# **Know Your Rules**

- Make sure you have a sport rule book (NFHS, NCAA, USTA, USGA).
- Download and / or print your <u>SPORT MANUAL</u>
  - Manuals include C&CR sport plan language, NFHS rule changes, UIL rule changes and they are updated annually.
- Download or bookmark the Side by Side Manual
  - Will answer questions about no-pass / no-play, eligibility and more.





#### The University Interscholastic League

The University Interscholastic League exists to provide educational extracurricular academic, athletic, and music contests.



#### Finding Your Manual From your desktop

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		Junior High Sports	+ Basketball								
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		Sports Officials	Football								
		<sup>g</sup> Alignments	Golf								
		Health & Safety	+ Soccer								
Director of Athletics:	Parent	District Chairs	Softball								
Dr. Susan Elza		Forms	Swimming 8	Diving							
Department Email: athletics@uiltexas.org	Online	Manuals	Team Tenni	s							
		Archives	Tennis								
Department Phone: 512-471-5883	Sport	the second	Track & Fiel	d	Junior Hig	h Manua	d				
<b>Department Fax:</b> 512-471-6589	Sport spe	Sport spec     Lone Star Cup     Baseball Manual					al is available on each of the Junior High				
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Assistant Athletic	Assistant Athletic Basketb Directors:				<ul> <li>Junior High Sp</li> </ul>	orts					
- Cross		Country Manual									
Brian Polk:	Footba	<ul> <li>Football Manual</li> </ul>									
bpolk@uiltexas.org											

### **Accessing the Manuals**

#### From your phone







- CPR and First Aid Training must have a current certification filed with the district
- AED Training must have a current certification filed with the district
- Safety Training training provided by UIL (CCP) program, and must be completed prior to any contact with students
- Concussion Training training must be completed annually (2 hours every other year/1 hour annually)



#### **UIL Coaches Education and Training Requirements**

- <u>UIL Professional Acknowledgement Form</u> On file with the district (C&CR 1202(j))
- <u>Coaches Certification Program (CCP</u>) online / in-person training (C&CR 1208(i))
  - 1) Constitution & Contest Rules
  - 2) Ethics
  - 3) UIL Steroid Education
  - 4) Safety Training (state law)
  - 5) Concussion Training (state law)
  - 6) Sport Specific Training each sport has a separate module
  - 7) Football Coaches ONLY Best Practices in Tackling certification
  - 8) First Year Coaches ONLY Fundamentals of Coaching in Texas (C&CR 1202 (L))
  - 9) Safety/Risk Minimization for Cheerleading Coaches local district determines the provider for training, and training must be completed prior to any student contact



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### **Accessing the UIL Portal**

From your phone



## **STUDENT PARTICIPATION**

#### **Required Forms**

- Pre Participation Physical Examination Form
- Medical History Form
- Rules Acknowledgment Form
- Parent or Guardian Permit
- Parent/Student Anabolic Steroid Use and Random Steroid Testing Form
- Concussion Acknowledgement Form
- Sudden Cardiac Arrest Awareness Form



**PRACTICE REGULATIONS** 

(C&CR 1206)

#### **School is In-Session**

- Eight Hour Rule Practice outside the school day, from the beginning of the school week through the end of the school week (excluding holidays), is limited to a maximum of eight hours per school week per activity.
  - The In-School athletic period does not count towards the allotted 8 hours
  - Any TIME used in connection with a practice that is not part of the athletic period counts as part of the 8 hours. (Dress, mandatory weights/video/meetings, etc.)



## **CONTEST REGULATIONS**

- High School One Contest per School Week:
  - See specific sport for calendar week limits.

Per activity-Per Student *Exceptions:* Tournaments, Post-Season, Postponed District Varsity Games

✓ Junior High – 1 Contest Per Calendar week.

**Difference between Calendar and School week:** 

- ✓ <u>Calendar Week</u>:
  - 12:01 am Sunday to midnight Saturday
- ✓ School Week:
  - 12:01 on 1<sup>st</sup> instructional day of the week to close of instruction on the last instructional day of the week

Know Your <u>Sport</u> Yearly Game Limitations!! (See Manual)

## **General Regulations for Junior High**

- Scheduling No game, contest, scrimmage or tournament, including district competition, shall begin prior to the end of the academic school day for all participants.
- No Post-District Competition There shall be no post-season playoffs or competition in any athletic event.



# **Eligibility**

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#### **ELIGIBILITY**

#### **Eligibility - 1st Six-Weeks of School Year**

- Grades nine and below promoted
- Second Year of High School five accumulated credits
- Third Year of High School ten accumulated credits or five credits within the last twelve months
- Fourth Year of High School fifteen accumulated credits or five credits within the last twelve months

### **ELIGIBILITY** Sub-Varsity and Junior High

### An Individual is Eligible to participate if...

#### Sub Varsity Eligibility

- Full Time Student
- Academically Eligible

### **Junior High Eligibility**

- Full Time Student
- Academically Eligible
- Age Appropriate for JH athletic competition





## **ELIGIBILITY**

**Varsity Athletics** 



- Meets all requirements of Section 400 & 403
- Is an amateur
- Meets Parent Residence Rule
- Meets the Age Rule
- Has not changed schools for athletic purposes
- Previous Athletic Participation Form

Required for All <u>**NEW**</u> students in grades 9-12 who have:

- Required if a student <u>practiced</u> or <u>participated</u> with a former school in grades 8-12 in any UIL athletic activity.
- <u>New school</u> must verify that the student meets the parent residence rule.
- District Executive Committee must determine that student did not move for athletic purposes and approve PAPF before a student is eligible to participate at the <u>varsity</u> level at the new school
- Submitted to the UIL office.



## **Non-school Participation**

#### (Individual Sports)

**Individual Sports:** Cross Country, Golf, Swimming, Tennis, Track and Field and Wrestling (Guidelines are also applicable to team sports)

#### A. During the school year

- 1) You can work with athletes from your attendance zone but must abide by the 8hour rule.
- 2) You cannot charge a fee for private instruction during the school year. This applies to students in grades 9-12 only.
- 3) You cannot pressure an athlete into participating in non-school activities.

#### **B.** Outside the school year

- 1) You are allowed to coach athletes from your attendance zone.
- 2) No use of school funds.
- 3) Cannot pressure your athletes to participate in non-school activities.

\*\*Coaches shall not gain financially from a student's participation in a non-school activity.\*\*





#### **Frequently Asked Questions**

- Contests Per Week School week vs Calendar week?
- Coaching Tee to green...Can we get 2 coaches instead of 1?
- Monitors Why does the UIL not require monitors?
- Practice Rounds Regional & State Tournaments
- Non-School Tournaments
  - Can my athlete compete?
  - What affects amateur status?
  - Hole-in-One Contest?

## FAQ'S Frequently Asked Questions



#### Summer

- Can I coach my athletes at a summer tournament?
- Can I caddie for my athlete?
- Can I play with my athletes in a tournament?

#### State Tournament – 3-somes at the state

tournament.



# <u>Miscellaneous</u> <u>Information</u>





## Links found on UIL Website

- Constitution & Contest Rules (C&CR)
- TEA-UIL Side-by-Side
- Athletic Rules (Sections 1200 through 1210 C&CR)
- Rules Violations and Penalties (Section 1207 C&CR)
- Booster Club Guidelines
- Summer Strength & Conditioning Regulations
- Non-School Participation Regulations





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